

## WORKSHOP WITH **MARK SOLMS**

### A PRACTICAL INTRODUCTION TO NEUROPSYCHOANALYSIS: CLINICAL IMPLICATIONS

#### PROGRAMME

##### DAY ONE 24.9.2020 THEORETICAL LESSONS

- 09:00-11:00**      **Session 1**
- The affective basis of consciousness itself (the conscious id)
  - The unconscious nature of cognition (the unconscious ego)
  - Working memory: the role of consciousness in cognition
- 11:00-12:00**      **Lunch**
- 12:00-14:00**      **Session 2**
- Consolidation, automatization and repression (the 'cognitive' and 'dynamic' unconscious)
  - Reconsolidation ("consciousness arises instead of a memory trace")
  - Repression and defense (the return of the repressed)
- 14:00-14:15**      **Coffee**
- 14:15-16:15**      **Session 3**
- Life's problems: a taxonomy of drives, instincts and affects (implications for psychopathology)

**DAY TWO 25.9.2020**  
**CLINICAL LESSONS**

- 09:00-10:15**      **Session 4**
- Implications of the conscious id for the 'talking cure'
  - Why our patients suffer mainly from feelings
  - The meaning of symptoms
  - The actual task of psychoanalytic treatment

**10:15-10:30**      **Coffee**

- 10:30-11:30**      **Session 4 continues**
- Countertransference (affective and object-relational dimensions)
  - Why transference interpretation is mutative
  - Why psychoanalytic treatment takes time: 'working through'

**11:30-12:35**      **Lunch**

**PRACTICAL EXAMPLES**

- 12:30-13:45**      **Session 5**
- First case presentation (by a workshop participant) and discussion

**13:45-14:00**      **Coffee**

- 14:00-15:15**      **Session 6**
- Second case presentation (by a workshop participant) and discussion

## MARK SOLMS BIO



Mark Solms is best known for his discovery of the forebrain mechanisms of dreaming, and for his integration of psychoanalytic theories and methods with those of modern neuroscience. He holds the Chair of Neuropsychology at the University of Cape Town and Groote Schuur Hospital (Departments of Psychology and Neurology) and is President of the South African Psychoanalytical Association.

He is also currently Research Chair of the International Psychoanalytical Association and Science Director of the American Psychoanalytic Association. He was the Founding Editor of the journal *Neuropsychanalysis* in 1999 and founded the International Neuropsychanalysis Society in 2000.

He is the authorized editor and translator of the forthcoming *Revised Standard Edition of the Complete Psychological Works of Sigmund Freud* (24 vols), and the *Complete Neuroscientific Works of Sigmund Freud* (4 vols).

His most recent books are *The Feeling Brain* (Karnac) and *Beyond Evolutionary Psychology* (Cambridge). His earlier book, *The Brain and the Inner World* (Karnac) was a best-seller which was translated into 13 languages.